

Some people believe that nowadays we have too much choices.  
to what extent do you agree or disagree with this statement?

In this day and age, irrespective of the reasons, the public are fed up with a great deal of selections, claimed by some, and thereafter it has some obviously deleterious effects on society. Others, however, think this variety is useful since people have many different interests and this have become out of these differences. Thus, only if, for some kinds of interests, one choice more than the number of human beings on the earth existed, would it be too much.

On the one hand, in some areas, having vast choices has been cited as a chance which can help people to find best option fitting to their both personality and abilities. For instance, not only can availability of a lot of different university subjects assist the students in choosing the most proper one, but also it can pave the way for succeeding in their further career. Moreover, another area where existence of variety of choices is more beneficial is in sports. When there are many different type of sports, people can select the best one which they believe that it can give them more pleasure than the others.

On the other hand, many argue that too many alternatives are attainable which has been quoted as the main culprit of some unhealthy situations such as the sedentary lifestyle. they say when there are many entertaining TV programmes, people are seduced into watching one after another, thereby wasting their time. While **they are** reclining in a coach and watching numerous TV channels, **they** spend most of their time inactive, hence the obesity phenomenon among society. Accordingly, in some cases, abundant options cannot be considered an effective ability to enable people to make an accurately appropriate decision.

Consequently, although people can benefit from innumerable selections in their lives, there are some markedly sensible worries about this abundance. Therefore, only when this countless options are seemingly advantageous and subsequently they can support individuals in being ascertained whether their decisions are the best one or not, is it reasonably acceptable.